

## PELLETS (1/4 CUP PER 5-7 LBS)

Look for a pellet that is:

- High in fibre (min 18%)
- Low in calcium (max 1%)
- Low in protein (max 14%)

If you are cutting back pellets, it is crucial that you cut them back VERY SLOWLY to avoid health complications. Reduce the pellets by 1 Tbsp

every 3 days. Adult rabbits should be fed timothy based pellets such as those by Martin Mills or Oxbow.



## FRUIT/TREATS (1-2 TBSPS PER 5 LBS)

Fruit is a favourite food of rabbits but should be fed sparingly as too much can upset their stomach.

Some rabbit favourites are:

- Banana
- Apple
- Carrot
- Dried cranberries
- Strawberries
- Papaya
- Watermelon



Ensure dried fruit is free of oil and sugar. Avoid products with nuts, seeds, corn, sugar and dairy!

Many treats labeled for rabbits are unhealthy and not suited for them. Check the ingredients!

## CAECOTROPES (CECAL PELLETS)

Rabbits produce two kinds of "poop." One kind is the regular fecal pellet, which is hard, round, and resembles a cocoa puff. Cecal droppings are dark brown, soft and resemble small, tightly bunched grapes. They are produced in the rabbit's cecum. The cecum contains natural bacteria and fungi providing essential nutrients.

Cecals are an integral part of a healthy diet as they are nutrient-packed dietary supplements. Try to think of them as self-produced vitamins!

Come visit us at  
[www.rabbitrescue.ca](http://www.rabbitrescue.ca)

Your complete source for everything  
you need to know about bunnies  
and **SO** much more!



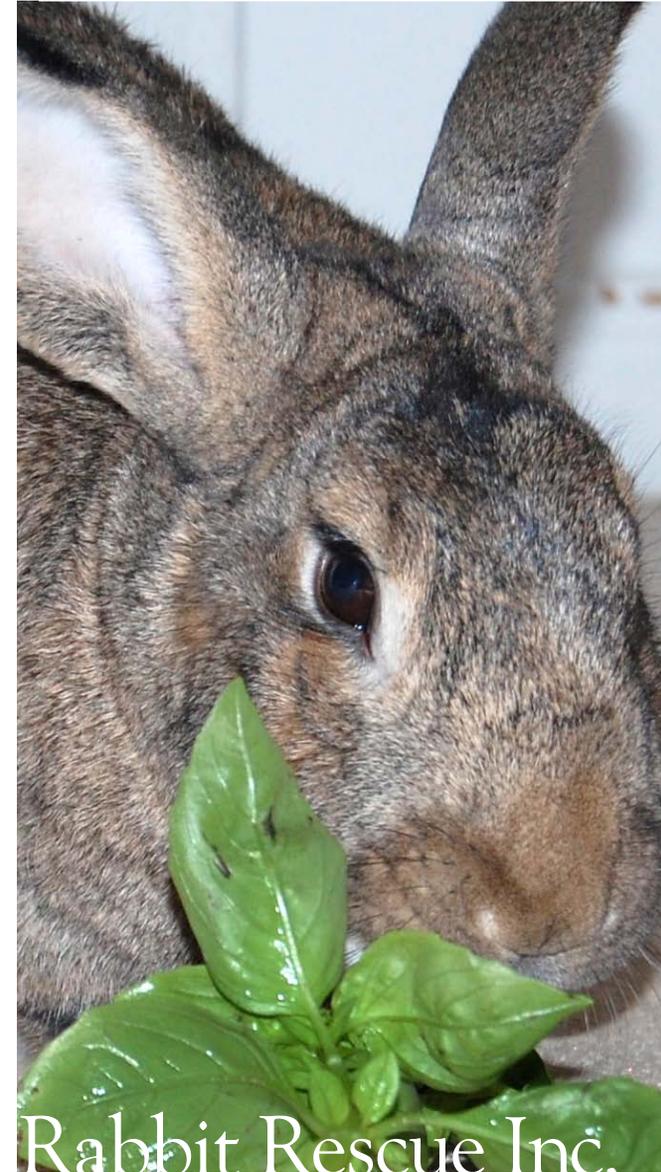
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**For serious inquiries only please contact:**  
Haviva Lush [haviva@rabbitrescue.ca](mailto:haviva@rabbitrescue.ca) 905.875.4343

**Did you know?** A rabbit's diet should be 90% hay!  
Choosing toys with a hay base can not only keep them occupied, but help their digestive system too!

# Nutrition



Rabbit Rescue Inc.

[www.rabbitrescue.ca](http://www.rabbitrescue.ca)

Providing homes for Ontario's rabbits...  
One bunny at a time!

# Nutrition



Is your rabbit eating the right foods?

A balanced diet for a rabbit includes protein, starch, carbohydrates, vitamins, and minerals.

## Diet Plan

To ensure your rabbit is getting what it needs out of its food on a day to day basis, we recommend the following guidelines:



- Hay** - Unlimited amounts
- Vegetables** – 2 cups per 6 lbs of weight serving 3 or more kinds daily
- Pellets** – 1/4 cup per 5 – 7 lbs of bunny
- Fruit/treats** – 1 to 2 tbsps per 5 lbs of bunny



### AVOID!

- Nuts, seeds, corn** – high in fat
- Sugar and dairy** – rabbits are vegans
- Human snacks** – not safe for rabbits
- Chocolate** – toxic for bunnies

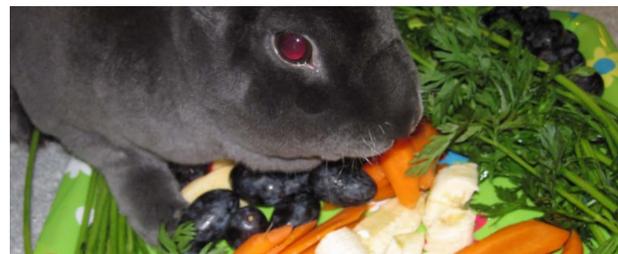
### HAY (UNLIMITED QUANTITIES)

Hay is the most important part of a rabbit's diet. Grasses provide vitamins, minerals and indigestible fibre. It is needed to keep their gut moving and maintain dental health. A lack of hay in a rabbit's diet may cause many health problems including dental problems and GI Stasis.

- Grass hay** (timothy, brome, oat and orchard hays with long thin leaves and central stalks)
- Legume hay** (alfalfa or clover which are higher in calcium and protein)



Legume hay is best for young rabbits under 1 year old. Grass hay is recommended for adult rabbits.



### VEGETABLES (2 CUPS PER 6 LBS)

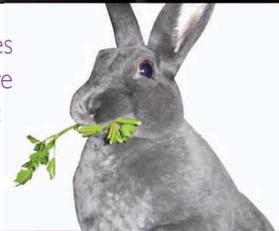
The best option is to buy organic and wash well to eliminate debris. If introducing new vegetables, do it slowly, one at a time over a couple of days and watch for loose stools.

Include 3 or more favourites a day:

- Parsley
- Escarole
- Basil
- Romaine lettuce
- Red or green leaf lettuce
- Carrot tops
- Dandelion
- Dill
- Endive
- Radicchio
- Mint

Serve these sparingly (1 – 2 times per week) as these vegetables are high in calcium or may cause gas:

- Kale
- Spinach
- Broccoli
- Collards



### NEVER FEED RABBITS:

- Bamboo shoots
- Onions
- Beets
- Coffee plants
- Rhubarb leaves
- Cassava
- Corn/Maize
- Potatoes
- Citrus peels
- Beans - green or lima
- Tea leaves
- Millet
- Cabbage



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Please detach and mail your donation to: RABBIT RESCUE INC.,  
1298 CARTMUR WAY, MILTON, ONTARIO, CANADA L9T 6J8

Rabbit Rescue Inc. is a registered charity (86095 9824 RR0001) and provides tax receipts. Your generous donation is desperately needed to keep our rescue running!

Your donation helps save animals lives and they thank you for your support.